

Thibaut Libert, MD

NAMUR
BELGIUM



Medical doctor
Orthopedic surgery and
traumatology

Interests

Knee surgery and sport traumatology
Trauma surgery and management of polytrauma patients
Enhance recovery after surgery
Personalized care
Organization of scientific events
Teaching

Professional experience

CHR Sambre et Meuse (site Namur) - Namur / Knee surgeon

October 2023 to now

Fellowships :

AZ Monica - Antwerp (BELGIUM) / Fellowship knee surgery

- Pr P. Verdonk, Dr K. Lagae

January 2023 to October 2023

Croix Rousse HCL - Lyon (FRANCE)/ Fellowship knee surgery

- Pr S. Lustig, Pr E. Servien, Dr C. Batailler

April 2022 to October 2022

Residency :

Cliniques Universitaires Saint-Luc - Woluwe/ residency 6/6 (Orthopedics)

- Pr E. Thienpont - Knee surgery

October 2021 to April 2022

Clinique Saint-Pierre - Ottignies / residency 5/6 (Orthopedics)

October 2020 to October 2021

Clinique Saint-Luc - Bouge / residency 4/6 (Orthopedics)

October 2019 to October 2020

CHR Sambre et Meuse (site Namur) - Namur / residency 3/6 (Orthopedics)

October 2018 to October 2019

Cliniques de l'Europe (Saint-Michel) - Etterbeek / residency 2/6 (Orthopedics, vascular surgery, general surgery)

October 2017 to October 2018

Cliniques Universitaires Saint-Luc - Woluwe / residency 1/6 (Orthopedics, Emergency care)

October 2016 to October 2017

General education

UCLouvain - Woluwe/ Master in Orthopedic surgery and traumatology

- Selection competition : 2th/16

UCLouvain - Woluwe/ Master in medecine (Distinction)

- 2012 to 2013 (1/4) - D
- 2013 to 2014 (2/4) - D
- 2014 to 2015 (3/4) - D
- 2015 to 2016 (4/4) - GD

Facultés universitaires Notre-Dame de la Paix - Namur / Bachelor in medecine (Distinction)

- 2009 to 2010 (1/3) - GD
- 2010 to 2011 (2/3) - GD
- 2011 to 2012 (3/3) - S

Complementary degrees and formations

BOSI Knee Academy - promotion major

Dr Deltour et al.
2023-2024

University degree in sport traumatology - Sorbonne University - Paris

2022-2023

Inter-university degree in surgical pathology of the knee - UPEC Paris

2019 - 2020

Advanced Trauma Life Support (ATLS) - American College of Surgeon - Lyon / Instructor

2018

Certificate of competence for the use of X-rays in medical diagnosis - UCLouvain

2018

Scientific responsibilities

Affiliations :

- SORBCOT (société royale belge d'orthopédie traumatologie)
- BKS (Belgium Knee Society)
- GIGN (Groupe interhospitalier du Genou Namurois)

ABAOT (Association Belge des Assistants en Orthopédie et Traumatologie - Belgian association of resident in orthopaedic surgery and traumatology) /Founding member, board member and co-organiser of the congresses

2017 to 2023

- Annual congress 12/03/2022 : Traumatologie de la main
- Annual congress 23/03/2019 : Traumatologie du squelette axial
- Annual congress 03/03/2018: Traumatologie de la jambe

SORBCOT (Société Royale Belge de Chirurgie Orthopédique et de Traumatologie) / Board member and UCL resident delegate

2017 to 2020

UCL thesis jury member of the physiotherapy faculty 2019

Reviewer journal “Acta Orthopédica Belgica”

2022

CHRSM orthopaedic surgery congress organiser :

- 23/03/2024 Orthoconnect
- 12/04/2025 Journée Namuroise d'orthopédie

Scientific presentations and teachings

Peroprosthetic knee fracture + cadaver lab (Pr Hoekstra, Libert)

IORT - Depuy Level up course

Leuven - 19/03/2025

Primary TKA + cadaver lab (Bekers, Libert)

IORT - Depuy Level up course

Leuven - 19/03/2025

Fast assessment and specialized treatment in ACL rupture (Libert T, Parmentier C)

Centre Hospitalier Régional Namur - Medical meeting

Namur - February 2025

Practical course on meniscal management and lateral extraarticular tenodesis (Libert T, Daxhelet J)

Groupe interhospitalier du genou Namurois (GIGN)

Yvoir - January 2025

Practical course on meniscal management and lateral extraarticular tenodesis (Libert T, Daxhelet J)

Groupe interhospitalier du genou Namurois (GIGN)

Namur - April 2024

All you need to know to choose a good fellowship (Libert T)

SORBCOT ordinary meeting
Bruxelles - March 2024

Last novelties in knee OA management (Libert T)

Orthoconnect congress
Fosse-la-ville - Mars 2024

Practical guide of knee pathology and care (Libert T, Parmentier C)

Centre Hospitalier Régional Namur - Medical meeting
Namur - April 2023

Enhanced recovery after TKA - our experience (Libert T, Daubresse F)

Tunisian college of surgeon
Hammamet - Tunisia - February 2023

Navigation in TKA (Libert T, Daubresse F)

Tunisian college of surgeon
Hammamet - Tunisia - February 2023

Wrist stiffness; validating quantitative measurement and clinical practice (Libert T, Nguyen AP, Detrembleur C)

SORBCOT meeting
Bruxelles - January 2023

ATLS Belgium - Instructor

- **Initial assessment of polytrauma patient (Libert T, Thoma M)**
- **Spine trauma (Libert T, Thoma M)**
- **Thermal trauma (Libert T, Thoma M)**

Royal Belgian Society for Surgery
Bruxelles; December 2022

Case report: Custom hinge knee prosthesis in a TAR syndrom (Libert T, Schmidt A, Lustig S)

Réunion scientifique de l'hôpital de la Croix Rousse
Lyon - France - Octobre 2022

State of art: Conservation of the posterior cruciate ligament in total knee replacement (Libert T, Lustig S)

Réunion scientifique de l'hôpital de la Croix Rousse
Lyon - France - Septembre 2022

State of art : la prise en charge des lésions méniscales (Libert T, Thoreau L, Thienpont E)

Cours master complémentaire UCLouvain + GLEM
Bruxelles; Avril 2022

ATLS Belgium - Instructor

- **Traumatisme de l'appareil locomoteur** (Libert T, Thoma M)
- **Lésions thermiques** (Libert T, Thoma M)

Royal Belgian Society for Surgery
Bruxelles; November 2021

History of shoulder instability surgery (Libert T, Mulpas F)

Orthopédica Belgica
Bruxelles; novembre 2021

ATLS Belgium - Instructor

- **Traumatisme de l'appareil locomoteur** (Libert T, Schubert T, Thoma M)

Royal Belgian Society for Surgery
Bruxelles; February 2020

Preoperative planification of total hip replacement (Libert T, Caudron M)

Medacta's assistant practical program
Brussel; December 2019

Our experience in enhanced recovery after surgery (Libert T, Daubresse F, Ferrant T; modérateur: Mahalingam K)

United European Academy -Third scientific meeting on hip and knee orthopedics
Cork IRELAND; September 2019

Why did I choose the sub vastus lateral approach? (Libert T, Daubresse F; modérateur: Lustig S)

United European Academy -Third scientific meeting on hip and knee orthopedics
Cork IRELAND - September 2019

Rupture de l'appareil extenseur du genou (Parmentier C, Libert T)

Réunion ordinaire de la SORBCOT
Bruxelles - October 2018

Prothèse totale de hanche métal - métal : revue des complications et reprises auprès de 300 cas (Libert T, Paulet, De Baere T)

Réunion ordinaire de la SORBCOT
Bruxelles - November 2014

Publications

Batailler C, Lording T, Libert T, Servien E, Lustig S . **Achieving better clinical outcomes after total knee arthroplasty in knees with valgus deformity: The role of alignment strategies.** In: *JBJS Am*, nov 26 (2024)

Libert, Thibaut; Detrembleur, Christinne; Melebeck, François ; Nguyen, Anh Phong. **Validating the measurment of passive Lusculo-articular wrist stiffness without intentional or reactive contraction using axillary plexus block.** In: *Clinical Biomechanics*, Vol. 112(3) (2024)

Cécile, Batailler; Thibaut, Libert; Sam, Oussedik; Stefano, Zaffagnini; Sébastien, Lustig. **Patello-femoral arthroplasty - indications and contraindications.** In: *JISAKOS*, jan 5 (2024)

Nguyen, Anh Phong ; Herman, Benoît ; Mahaudens, Philippe ; Everard, Gauthier ; Libert, Thibautl. **Effect of age and body size on the wrist's viscoelasticity in healthy participants from 3 to 90-years-old and reliability assessment..** In: *Frontiers*, Vol. Na, no.Na, p. Na (2020)

Libert, Thibaut; Ferrant, Tanguy; Daubresse, François. **Réhabilitation améliorée après arthroplasties de hanche et de genou - Comment rendre nos patients moins malades?.** In : *Maîtrise orthopédique* Vol. 292, p. 12-17 (2020)

Schubert, Thomas; Libert, Thibaut; Tribak, Karim; Putineanu, Dan. **Les fractures de la diaphyse humérale.** In : *Manuel pratique d'orthopédie et de traumatologie*, Université Catholique de Louvain, Bruxelles (2017)

Other skills

Languages :

French: Mother language

English: European level B2 + (advanced independent)

Dutch: professional